은지영어 고2 모의고사 변형 26년10월37번

37-01

어법 판단 (밑줄형) · 객관식

다음 글의 밑줄 친 (a)~(e) 중, 어법상 틀린 것은?

Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their origin. Consider, for instance, an individual who is experiencing a divorce. This is frequently a negative event, and yet, it can (a) be interpreted in various manners. One might perceive it as an overwhelming loss that will affect one's family forever. Conversely, one might regard it as something that is distressing but (b) that could lead to beneficial results in the long term, such as enhanced relationships. As a consequence of these (c) diverse interpretations, one might experience different feelings. The first interpretation may cause profound grief and resentment. The second interpretation might also cause grief and resentment but perhaps at (d) mildly levels. Significantly, it might also produce some favorable feelings, such as hope, fortitude, or thankfulness. This instance (e) demonstrates how reassessment might forcefully change short-term emotional reactions.

① (a)　② (b)
③ (c)　④ (d)
⑤ (e)

37-02

어법 선택 (괄호형) · 객관식

(A), (B), (C)의 각 네모 안에서 어법에 맞는 표현으로 가장 적절한 것은?

Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions (A) [because / because of] it modifies emotions at their origin. Consider, for instance, an individual who is experiencing a divorce. This is frequently a negative event, and yet, it can be interpreted in various manners. One might perceive it as an overwhelming loss (B) [that / what] will affect one's family forever. When recurrent over time, these short-term emotional effects of reassessment might (C) [gather / gathering] to form people's mental well-being. Thus, reassessment might be a vital factor in recovery.

① because - what - gather
② because of - that - gathering
③ because of - what - gather
④ because - that - gather
⑤ because - that - gathering

37-03

어휘 적절성 (밑줄형) · 객관식

다음 글의 밑줄 친 부분 중, 문맥상 낱말의 쓰임이 적절하지 않은 것은?

Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their (a) origin. Consider, for instance, an individual who is experiencing a divorce. This is frequently a negative event, and yet, it can be interpreted in (b) various manners. One might perceive it as an overwhelming loss that will affect one's family forever. Conversely, one might regard it as something that is distressing but that could lead to (c) beneficial results in the long term, such as enhanced relationships. As a consequence of these diverse interpretations, one might experience different feelings. The first interpretation may cause profound grief and resentment. The second interpretation might also cause grief and resentment but perhaps at (d) higher levels. Significantly, it might also produce some (e) favorable feelings, such as hope, fortitude, or thankfulness.

① (a)
② (b)
③ (c)
④ (d)
⑤ (e)

37-04

어휘 선택 (괄호형) · 객관식

(A), (B), (C)의 각 네모 안에서 문맥에 맞는 낱말로 가장 적절한 것은?

Reassessment — (A) [altering / maintaining] the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their origin. One might perceive a divorce as an (B) [overwhelming / insignificant] loss that will affect one's family forever. Conversely, one might regard it as something that is distressing but that could lead to beneficial results in the long term. When recurrent over time, these short-term emotional effects of reassessment might (C) [gather / disperse] to form people's mental well-being.

① altering - insignificant - gather
② maintaining - overwhelming - disperse
③ maintaining - insignificant - disperse
④ altering - overwhelming - disperse
⑤ altering - overwhelming - gather

37-05

빈칸 추론 (단어/구) · 객관식

다음 글의 빈칸에 들어갈 말로 가장 적절한 것은?

Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it _____. Consider, for instance, an individual who is experiencing a divorce. This is frequently a negative event, and yet, it can be interpreted in various manners. One might perceive it as an overwhelming loss that will affect one's family forever. Conversely, one might regard it as something that is distressing but that could lead to beneficial results in the long term, such as enhanced relationships. As a consequence of these diverse interpretations, one might experience different feelings.

① relies on the support of family members
② focuses on the immediate emotional relief
③ avoids negative situations before they occur
④ suppresses feelings through physical activity
⑤ modifies emotions at their origin

37-06

빈칸 추론 (절/표현) · 객관식

다음 글의 빈칸에 들어갈 말로 가장 적절한 것은?

Reassessment could offer a particularly efficient path to managing emotions. Consider an individual who is experiencing a divorce. This can be interpreted as an overwhelming loss or as a distressing but potentially beneficial event. As a consequence of these diverse interpretations, one might experience different feelings. This instance demonstrates how reassessment might forcefully change short-term emotional reactions. When recurrent over time, _____. Thus, reassessment might be a vital factor in recovery.

① these short-term emotional effects might gather to form mental well-being
② these reactions might lead to permanent social isolation
③ individuals tend to forget the initial pain of the event
④ emotional regulation becomes less necessary for mental health
⑤ the negative impact of divorce will eventually disappear

37-07

순서 배열 · 객관식

주어진 글 다음에 이어질 글의 순서로 가장 적절한 것은?

> Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their origin.

(A) Consider, for instance, an individual who is experiencing a divorce. This is frequently a negative event, and yet, it can be interpreted in various manners. One might perceive it as an overwhelming loss that will affect one's family forever. Conversely, one might regard it as something that is distressing but that could lead to beneficial results in the long term.

(B) As a consequence of these diverse interpretations, one might experience different feelings. The first interpretation may cause profound grief and resentment. The second interpretation might also cause grief and resentment but perhaps at milder levels. Significantly, it might also produce some favorable feelings, such as hope, fortitude, or thankfulness.

(C) This instance demonstrates how reassessment might forcefully change short-term emotional reactions. When recurrent over time, these short-term emotional effects of reassessment might gather to form people's mental well-being. Thus, reassessment might be a vital factor in recovery.

① (B) - (A) - (C)
② (B) - (C) - (A)
③ (A) - (C) - (B)
④ (C) - (A) - (B)
⑤ (A) - (B) - (C)

37-08

문장 삽입 · 객관식

글의 흐름으로 보아, 주어진 문장이 들어가기에 가장 적절한 곳은?

> This instance demonstrates how reassessment might forcefully change short-term emotional reactions.

Reassessment could offer a particularly efficient path to managing emotions because it modifies emotions at their origin. ① Consider, for instance, an individual who is experiencing a divorce. This is frequently a negative event, and yet, it can be interpreted in various manners. ② One might perceive it as an overwhelming loss that will affect one's family forever. Conversely, one might regard it as something that is distressing but that could lead to beneficial results in the long term. ③ As a consequence of these diverse interpretations, one might experience different feelings. ④ The first interpretation may cause profound grief and resentment. The second interpretation might also cause grief and resentment but perhaps at milder levels. ⑤ When recurrent over time, these short-term emotional effects of reassessment might gather to form people's mental well-being.

37-09

내용 일치/불일치 · 객관식

다음 글의 내용과 일치하지 <u>않는</u> 것은?

Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their origin. Consider, for instance, an individual who is experiencing a divorce. This is frequently a negative event, and yet, it can be interpreted in various manners. One might perceive it as an overwhelming loss that will affect one's family forever. Conversely, one might regard it as something that is distressing but that could lead to beneficial results in the long term, such as enhanced relationships. As a consequence of these diverse interpretations, one might experience different feelings. The first interpretation may cause profound grief and resentment. The second interpretation might also cause grief and resentment but perhaps at milder levels. Significantly, it might also produce some favorable feelings, such as hope, fortitude, or thankfulness. This instance demonstrates how reassessment might forcefully change short-term emotional reactions. When recurrent over time, these short-term emotional effects of reassessment might gather to form people's mental well-being. Thus, reassessment might be a vital factor in recovery.

① A single event like divorce can be understood in multiple different ways.
② Different ways of interpreting an event lead to different emotional outcomes.
③ Accumulated short-term emotional responses contribute to long-term mental health.
④ Positive interpretations of a negative event eliminate all negative emotions.
⑤ Reassessment involves changing one's perspective on emotional situations.

37-10

주제/제목/요지 · 객관식

다음 글의 주제로 가장 적절한 것은?

Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their origin. Consider, for instance, an individual who is experiencing a divorce. This is frequently a negative event, and yet, it can be interpreted in various manners. One might perceive it as an overwhelming loss that will affect one's family forever. Conversely, one might regard it as something that is distressing but that could lead to beneficial results in the long term, such as enhanced relationships. As a consequence of these diverse interpretations, one might experience different feelings. The first interpretation may cause profound grief and resentment. The second interpretation might also cause grief and resentment but perhaps at milder levels. Significantly, it might also produce some favorable feelings, such as hope, fortitude, or thankfulness. This instance demonstrates how reassessment might forcefully change short-term emotional reactions. When recurrent over time, these short-term emotional effects of reassessment might gather to form people's mental well-being. Thus, reassessment might be a vital factor in recovery.

① Techniques for improving interpersonal relationships after a crisis
② The role of reassessment in emotional regulation and mental well-being
③ The social stigma associated with divorce and its emotional impact
④ The necessity of experiencing various emotions for psychological growth
⑤ Limitations of reassessment in dealing with long-term emotional trauma

37-11

무관한 문장 · 객관식

다음 글에서 전체 흐름과 관계 없는 문장은?

Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their origin. ① Consider, for instance, an individual who is experiencing a divorce. ② This is frequently a negative event, and yet, it can be interpreted in various manners, leading to different emotional outcomes. ③ Indeed, the financial costs of legal procedures during a divorce can place a significant burden on both parties involved. ④ One might view it as a total loss, while another might see it as a painful step toward a better future. ⑤ When repeated over time, these emotional consequences of reassessment might accumulate to shape people's long-term psychological health.

37-12

요약문 완성 · 객관식

다음 글의 내용을 한 문장으로 요약하고자 한다. 빈칸 (A)와 (B)에 들어갈 말로 가장 적절한 것은?

Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their origin. Consider, for instance, an individual who is experiencing a divorce. This is frequently a negative event, and yet, it can be interpreted in various manners. As a consequence of these diverse interpretations, one might experience different feelings. This instance demonstrates how reassessment might forcefully change short-term emotional reactions. When recurrent over time, these short-term emotional effects of reassessment might gather to form people's mental well-being. Thus, reassessment might be a vital factor in recovery.

Reassessment allows individuals to manage their emotions by _____(A)_____ their interpretations of events, which ultimately contributes to their long-term _____(B)_____.

① ignoring - physical strength
② maintaining - financial stability
③ justifying - professional success
④ modifying - psychological resilience
⑤ changing - social reputation

37-13

보기 조합형 · 객관식

다음 글의 내용과 일치하지 않는 것만을 〈보기〉에서 있는 대로 고른 것은?

Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their origin. Consider, for instance, an individual who is experiencing a divorce. This is frequently a negative event, and yet, it can be interpreted in various manners. One might perceive it as an overwhelming loss that will affect one's family forever. Conversely, one might regard it as something that is distressing but that could lead to beneficial results in the long term, such as enhanced relationships. As a consequence of these diverse interpretations, one might experience different feelings. The first interpretation may cause profound grief and resentment. The second interpretation might also cause grief and resentment but perhaps at milder levels. Significantly, it might also produce some favorable feelings, such as hope, fortitude, or thankfulness. This instance demonstrates how reassessment might forcefully change short-term emotional reactions. When recurrent over time, these short-term emotional effects of reassessment might gather to form people's mental well-being. Thus, reassessment might be a vital factor in recovery.

보기

ⓐ Reassessment changes the way one thinks about emotional circumstances.

ⓑ Divorce is always interpreted as an overwhelming loss for the family.

ⓒ Different interpretations of the same event lead to different emotional reactions.

ⓓ The second interpretation produces only positive feelings like hope and gratitude.

ⓔ Short-term emotional effects of reassessment do not affect long-term mental health.

ⓕ Reassessment is considered a vital factor in psychological recovery.

ⓖ Positive results in the long term can include enhanced relationships.

① ⓑ, ⓕ
② ⓐ, ⓒ
③ ⓑ, ⓓ, ⓔ
④ ⓐ, ⓑ, ⓓ, ⓖ
⑤ ⓒ, ⓖ

37-14

어법 조합형 · 객관식

다음 밑줄 친 ⓐ~ⓕ 중, 어법상 틀린 것끼리만 짝지은 것은?

Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it ⓐ modifies emotions at their origin. Consider, for instance, an individual who is ⓑ experiencing a divorce. This is frequently a negative event, and yet, it can be interpreted in various manners. One might perceive it as an overwhelming loss ⓒ what will affect one's family forever. Conversely, one might regard it as something that is distressing but that could lead to beneficial results in the long term. As a consequence of these diverse interpretations, one might experience different feelings. The first interpretation ⓓ may cause profound grief and resentment. When recurrent over time, these short-term emotional effects of reassessment might ⓔ gathering to form people's mental well-being. Thus, reassessment ⓕ is a vital factor in recovery.

① ⓐ, ⓒ, ⓔ
② ⓑ, ⓒ
③ ⓒ, ⓔ
④ ⓐ, ⓑ
⑤ ⓒ, ⓓ

37-15

어휘 조합형 · 객관식

다음 밑줄 친 부분 중 문맥상 낱말의 쓰임이 적절하지 않은 것끼리만 짝지은 것은?

Reassessment — ⓐ altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their origin. Consider, for instance, an individual who is experiencing a divorce. This is frequently a ⓑ negative event, and yet, it can be interpreted in various manners. One might perceive it as an ⓒ insignificant loss that will affect one's family forever. Conversely, one might regard it as something that is distressing but that could lead to ⓓ detrimental results in the long term, such as enhanced relationships. As a consequence of these diverse interpretations, one might experience different feelings. Significantly, it might also produce some ⓔ favorable feelings, such as hope, fortitude, or thankfulness. Thus, reassessment might be a vital factor in ⓕ recovery.

① ⓑ, ⓒ, ⓔ
② ⓒ, ⓓ
③ ⓐ, ⓒ, ⓔ
④ ⓐ, ⓒ
⑤ ⓑ, ⓓ

37-16

어법 고쳐쓰기 · 서술형

다음 글에서 어법상 틀린 곳을 2곳 찾아 바르게 고쳐 쓰시오.

Reassessment —alters the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their origin. Consider, for instance, an individual who is experiencing a divorce. This is frequently a negative event, and yet, it can be interpreted in various manners. One might perceive it as an overwhelming loss what will affect one's family forever. Conversely, one might regard it as something that is distressing but that could lead to beneficial results in the long term.

37-17

본문 빈칸 완성 · 서술형

다음 글의 내용에 맞게 빈칸에 알맞은 단어를 쓰시오.

Reassessment could offer a particularly efficient path to managing emotions. As a consequence of diverse (1)_____, one might experience different feelings. When recurrent over time, these short-term emotional effects of reassessment might gather to form people's mental well-being. Thus, reassessment might be a vital factor in (2)_____.

37-18

조건 영작 · 서술형

다음 우리말을 [조건]에 맞게 영작하시오.

재평가는 감정을 근본적으로 변화시키기 때문에 감정을 조절하는 특히 효율적인 경로를 제공할 수 있다.

[조건] because it ~ 구문을 사용할 것
[조건] transform 또는 modify를 사용할 것
[조건] 17단어 이내로 작성할 것

37-19

주제 영작 · 서술형

다음 글의 주제를 영작하고자 할 때, 주어진 단어를 활용하여 영작하시오.

Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their origin. Consider, for instance, an individual who is experiencing a divorce. One might perceive it as an overwhelming loss, while another might see it as a painful step toward a better future. When recurrent over time, these short-term emotional effects of reassessment might gather to form people's mental well-being. Thus, reassessment might be a vital factor in recovery.

reassessment | contribute | mental | well-being | long-term | emotional

37-20

요약 서술형 · 서술형

다음 글의 내용을 한 문장으로 요약하고자 한다. 빈칸에 들어갈 알맞은 단어를 글에서 찾아 쓰시오. (어형 변화 가능)

Reassessment —altering the way one contemplates emotional circumstances—could offer a particularly efficient path to managing emotions because it modifies emotions at their origin. Consider, for instance, an individual who is experiencing a divorce. This is frequently a negative event, and yet, it can be interpreted in various manners. As a consequence of these diverse interpretations, one might experience different feelings. This instance demonstrates how reassessment might forcefully change short-term emotional reactions. When recurrent over time, these short-term emotional effects of reassessment might gather to form people's mental well-being. Thus, reassessment might be a vital factor in recovery.

The practice of (1)_____ events can shape an individual's psychological health and lead to better (2)_____.

은지영어 고2 모의고사 변형 26년10월37번 · 정답 및 해설

빠른 정답 01 ④ 02 ④ 03 ④ 04 ⑤ 05 ⑤ 06 ① 07 ⑤ 08 ⑤ 09 ④ 10 ② 11 ③ 12 ④ 13 ③ 14 ③ 15 ② 16 서술 17 서술 18 서술 19 서술 20 서술

37-01 어법 판단 (밑줄형) (객관식)

정답: ④ (d) mildly → milder

[정답 해설]
(d)는 뒤에 오는 명사인 levels를 수식해야 하므로 부사인 mildly가 아니라 형용사인 milder가 와야 한다. 문맥상 '더 가벼운 수준'이라는 비교급 형용사가 적절하다.
해석: 두 번째 해석 또한 슬픔과 분노를 가져올 수 있지만 아마도 더 낮은 수준일 것이다.

37-02 어법 선택 (괄호형) (객관식)

정답: ④ (A) because (B) that (C) gather

[정답 해설]
(A) 뒤에 주어(it)와 동사(modifies)를 갖춘 절이 오므로 접속사 because가 적절하다. (B) 선행사(an overwhelming loss)가 존재하고 뒤에 주어가 빠진 불완전한 절이 이어지므로 관계대명사 that이 적절하다. (C) 조동사 might 뒤에는 동사원형이 와야 하므로 gather가 적절하다.
해석: 재평가는 감정을 그 근원에서 변화시키기 때문에 감정을 조절하는 특히 효율적인 경로를 제공할 수 있다.

37-03 어휘 적절성 (밑줄형) (객관식)

정답: ④ (d) higher → milder (또는 lower)

[정답 해설]
문맥상 두 번째 해석은 첫 번째 해석보다 긍정적인 관점을 취하므로, 슬픔과 분노의 감정이 더 낮은(milder 또는 lower) 수준으로 나타나야 한다. higher는 논리적 흐름에 반한다.
해석: 두 번째 해석 또한 슬픔과 분노를 가져올 수 있지만 아마도 더 낮은 수준일 것이다.

37-04 어휘 선택 (괄호형) (객관식)

정답: ⑤ (A) altering (B) overwhelming (C) gather

[정답 해설]
(A) 재평가는 생각하는 방식을 '바꾸는' 것이므로 altering이 적절하다. (B) 이혼을 평생 가족에게 영향을 줄 '압도적인' 상실로 보는 맥락이므로 overwhelming이 적절하다. (C) 단기적인 감정적 결과들이 '쌓여서' 정신 건강을 형성하는 것이므로 gather(모이다, 축적되다)가 적절하다.
해석: 시간이 흐르며 반복될 때, 이러한 재평가의 단기적인 감정적 결과들은 축적되어 사람들의 정신 건강을 형성할 수 있다.

37-05 빈칸 추론 (단어/구) (객관식)

정답: ⑤ modifies emotions at their origin

[정답 해설]
글의 도입부에서 재평가가 감정 조절에 효과적인 이유로 감정을 그 뿌리(근원)에서부터 변화시킨다는 점을 언급하고 있다. 따라서 'modifies emotions at their origin'이 가장 적절하다.
해석: 재평가는 감정을 그 근원에서 변화시키기 때문에 감정을 조절하는 특히 효율적인 경로를 제공할 수 있다.

37-06 빈칸 추론 (절/표현) (객관식)

정답: ① these short-term emotional effects might gather to form mental well-being

[정답 해설]
재평가를 통한 단기적인 감정적 반응들이 시간이 지나면서 반복되고 축적되어 결국 개인의 정신 건강(심리적 건강)을 형성하게 된다는 논리적 결론이 빈칸에 들어가야 한다.
해석: 시간이 흐르며 반복될 때, 이러한 재평가의 단기적인 감정적 결과들은 축적되어 사람들의 정신 건강을 형성할 수 있다.

37-07 순서 배열 (객관식)

정답: ⑤ (A) – (B) – (C)

[정답 해설]
주어진 글에서 재평가의 정의와 효율성을 언급한 후, (A)에서 이혼이라는 구체적인 예시와 두 가지 해석 방식을 제시한다. (B)에서는 이러한 해석의 결과로 나타나는 서로 다른 감정들을 설명하고, (C)에서 이러한 단기적 반응들이 축적되어 정신 건강과 회복탄력성에 기여한다는 결론으로 마무리하는 것이 자연스럽다.
해석: (A) 예를 들어 이혼을 겪는 개인을 생각해보라... (B) 이러한 다양한 해석의 결과로, 사람은 서로 다른 감정을 느낄 수 있다... (C) 이 사례는 재평가가 어떻게 단기적 감정 반응을 강력하게 변화시키는지 보여준다...

37-08 문장 삽입 (객관식)

정답: ⑤

[정답 해설]
주어진 문장의 'This instance'는 앞에서 설명한 이혼에 대한 두 가지 해석과 그에 따른 감정적 결과들을 가리킨다. 따라서 감정적 결과에 대한 설명이 끝난 직후이자, 이러한 단기적 반응이 장기적 정신 건강으로 이어진다는 내용이 시작되기 전인 ⑤번 자리가 가장 적절하다.

해석: 이 사례는 재평가가 어떻게 단기적 감정 반응을 강력하게 변화시키는지 보여준다.

37-09 내용 일치/불일치 (객관식)

정답: ④ Positive interpretations of a negative event eliminate all negative emotions.

[정답 해설]
본문에서 두 번째 해석(긍정적 해석) 또한 슬픔과 분노(sadness and anger)를 가져올 수 있다고 명시하고 있으므로, 모든 부정적 감정을 제거한다는 ④번은 내용과 일치하지 않는다.
해석: 두 번째 해석 또한 슬픔과 분노를 가져올 수 있지만 아마도 더 낮은 수준일 것이다.

37-10 주제/제목/요지 (객관식)

정답: ② The role of reassessment in emotional regulation and mental well-being

[정답 해설]
이 글은 재평가가 감정을 조절하는 효율적인 방법이며, 이것이 어떻게 단기적 감정 반응을 변화시키고 장기적으로 정신 건강과 회복 탄력성에 기여하는지를 설명하고 있다.
해석: 감정 조절과 정신적 안녕에 있어서 재평가의 역할

37-11 무관한 문장 (객관식)

정답: ③

[정답 해설]
이 글은 재평가라는 심리적 기제가 감정 조절과 정신 건강에 미치는 영향을 다루고 있다. 이혼 과정의 법적 절차에 따른 경제적 비용을 언급한 ③번은 글의 핵심 주제인 '감정 조절' 및 '재평가'와 무관하다.
해석: 실제로 이혼 과정 중 법적 절차의 경제적 비용은 관련된 양측 모두에게 상당한 부담을 줄 수 있다.

37-12 요약문 완성 (객관식)

정답: ④ modifying – psychological resilience

[정답 해설]
재평가는 사건에 대한 해석을 '수정(modifying)'함으로써 감정을 조절하게 하며, 이것이 장기적으로 '심리적 회복 탄력성(psychological resilience)'에 기여한다는 내용이 본문의 핵심이다.
해석: 재평가는 개인이 사건에 대한 해석을 수정함으로써 감정을 조절할 수 있게 하며, 이는 궁극적으로 그들의 장기적인 심리적 회복 탄력성에 기여한다.

37-13 보기 조합형 (객관식)

정답: ③ ⓑ, ⓓ, ⓔ가 일치하지 않음

[정답 해설]
ⓑ: 이혼은 다양한 방식으로 해석될 수 있다고 했으므로 '항상' 압도적 상실로 해석된다는 것은 틀림. ⓓ: 두 번째 해석도 슬픔과 분노를 가져올 수 있다고 했으므로 '오직' 긍정적 감정만 만든다는 것은 틀림. ⓔ: 단기적 감정 효과가 축적되어 정신 건강을 형성한다고 했으므로 영향을 주지 않는다는 것은 틀림.
해석: ⓑ 이혼은 항상 가족에게 압도적인 상실로 해석된다. ⓓ 두 번째 해석은 희망과 감사와 같은 긍정적인 감정만을 생성한다. ⓔ 재평가의 단기적 감정 효과는 장기적 정신 건강에 영향을 미치지 않는다.

37-14 어법 조합형 (객관식)

정답: ③ ⓒ, ⓔ가 어법상 틀림

[정답 해설]
ⓒ: 선행사(an overwhelming loss)가 있으므로 관계대명사 what은 쓸 수 없으며, that이나 which로 고쳐야 한다. ⓔ: 조동사 might 뒤에는 동사원형이 와야 하므로 gathering을 gather로 고쳐야 한다.
해석: ⓒ 가족에게 영원히 영향을 미칠 압도적인 상실. ⓔ 이러한 재평가의 단기적인 감정적 결과들은 축적될 수 있다.

37-15 어휘 조합형 (객관식)

정답: ② ⓒ, ⓓ가 문맥상 부적절

[정답 해설]
ⓒ: 가족에게 영원히 영향을 미치는 상실이므로 '사소한(insignificant)'이 아니라 '압도적인(overwhelming)'이 적절하다. ⓓ: 뒤에 '향상된 관계'라는 예시가 나오므로 '해로운(detrimental)'이 아니라 '유익한(beneficial)'이 적절하다.
해석: ⓒ 가족에게 영원히 영향을 미칠 사소한 상실. ⓓ 장기적으로 해로운 결과로 이어질 수 있는 것.

37-16 어법 고쳐쓰기 (서술형)

모범답안: 1. alters → altering
2. what → that (또는 which)

[정답 해설]
문장 구조상 본동사가 이미 존재하므로 삽입구 내의 동사 형태를 준동사로 바꾸어야 하며, 관계대명사의 선행사 유무에 따른 격을 확인해야 한다.
해석: 재평가 — 사람이 감정적 상황에 대해 생각하는 방식을 바꾸는 것 — 는 감정을 조절하는 특히 효율적인 경로를 제공할 수 있다.

37-17 본문 빈칸 완성 (서술형)

모범답안: (1) interpretations (2) recovery

[정답 해설]
(1) 앞 문장에서 언급된 사건을 바라보는 다양한 방식들을 의미하는 단어는 interpretations이다. (2) 글의 마지막 문장에서 재평

가가 중요한 요소가 되는 지점은 회복(recovery)이다.
해석: (1) 이러한 다양한 해석의 결과로, 사람은 서로 다른 감정을 느낄 수 있다. (2) 따라서 재평가는 회복에 있어 필수적인 요소일 수 있다.

37-18 조건 영작 (서술형)

모범답안: Reassessment could offer a particularly efficient path to managing emotions because it modifies emotions at their origin.

[정답 해설]
주어진 우리말의 인과관계(~하기 때문에)는 because it ~ 로, «감정을 근본적으로 변화시키다»는 modify(또는 transform) emotions at their origin 으로 쓴다. «특히 효율적인 경로»는 a particularly efficient path, «감정을 조절하는 것»은 전치사 to 뒤 동명사 managing emotions 로 나타낸다. 모범답안은 17 단어이다.
해석: 재평가는 감정을 그 근원에서 변화시키기 때문에 감정을 조절하는 특히 효율적인 경로를 제공할 수 있다.

[전문 해석]
재평가는 감정을 근본적으로 변화시키기 때문에 감정을 조절하는 특히 효율적인 경로를 제공할 수 있다.

37-19 주제 영작 (서술형)

모범답안: Reassessment of emotional situations contributes to long-term mental well-being.

[정답 해설]
주어진 단어들을 활용하여 재평가가 장기적인 정신적 안녕에 기여한다는 핵심 주제를 문장으로 구성해야 한다.
해석: 감정적 상황에 대한 재평가는 장기적인 정신적 안녕에 기여한다.

37-20 요약 서술형 (서술형)

모범답안: (1) reassessing (2) recovery

[정답 해설]
글의 핵심 소재인 Reassessment를 동명사 형태인 reassessing으로 변형하여 (1)에 넣고, 재평가가 기여하는 최종 결과인 recovery를 (2)에 넣는 것이 적절하다.
해석: 사건을 재평가하는 관행은 개인의 심리적 건강을 형성하고 더 나은 회복으로 이어질 수 있다.